

Heritage Preschool Parent Corner



Letter of the Week

"V" is for vase and van and Velcro!

Words & Feelings

Only a few feeling words for "V": vigorous, vibrant, voiceless, vacant, violent

Riddles, Rhymes & Opposites

1. This makes lots of noise and cleans your carpets
2. A container that holds flowers and rhymes with race
3. Some Mom's drive these and it rhymes with man
4. This is a doctor that takes care of animals

Alliteration

Vanessa played her violin in the village.

Fun with V

- Help vacuum the carpet
- Listen to violin music
- Make a volcano and help it erupt with baking soda and vinegar
- Wear a hat with a visor
- Play 'volleyball' with a balloon
- Make a vegetable print picture
- Watch out the car windows for vans
- Smell vinegar, violet and vanilla
- Eat vegetables for snacks
- Glue pictures of vegetables on a vine



"Jonathan took off the robe he was wearing and gave it to his **very** good friend David."
Samuel 18: 4

Poetry

V is for viper and valentine, too
V is for delicious vegetable stew
V is for violin, village and vase
V is for van and vacation days
Hooray for **V**, big and small -
the very, **VERY** best letter of all!

Very Good Friends

It's likely that the first question you might ask your tot after you pick him up from preschool is, "Who did you play with?" Of course, you're hoping your preschooler will rattle off the names of three or four kids he hung out with. But it's okay if your child hasn't made any BFFs. Children develop at different rates. Some preschoolers are introverted and happy to play on their own until almost the beginning of kindergarten. Others are more social and will move from parallel play (doing their own thing beside a buddy) to paired-off play (doing activities with a friend) beginning at age three. There's no "right" way for kids to play at any particular age, but encouraging your little one to make preschool friends at his own pace is key. Here's what to do:

Schedule some one-on-one

playtime. If your critter's a bit shy in the larger preschool group, consider inviting one classmate to be a playmate at your house. It may be easier for your small fry to make preschool friends one at a time in the comfort of his home, rather than in a crowd in the classroom.

Teach him conversation starters. Does your child need help figuring out how to approach potential preschool friends? Help him observe opportunities: "Hey, Adam seems to really like



Legos. Why don't you ask him if he'd like to build a castle with you?"

Help him become a good friend. If your little buddy tends to be bossy or whiny when he plays, point out that his classmates may not like that. Coach him on taking turns and letting other pals pick the activities sometimes.

Ask the preschool teacher for help. Since she's always on the scene, she can facilitate friendships. Let her know that you'd appreciate it if she could pair up your pipsqueak with potential buddies in small group activities. She'll probably be happy to oblige.

Accept his preferences. Even at this early age, your cutie will connect with certain classmates and be uninterested in others. Likewise, some little ones will fall in love with your child and others just won't (hard to believe, but true). That's perfectly okay — after all, you don't seek out friendships with everyone you meet either.

If your child seems sad about being left out, let him know you understand and care. But don't overdo the sympathy or he might think the situation is more serious than it is. Give him a hug and then help get his mind on another activity. And you shouldn't worry either. Before you know it, your social butterfly will be frolicking with friends so often you'll be trying to squeeze yourself into his busy schedule.

Excerpted from: <http://www.whattoexpect.com/toddler/starting-preschool/preschool-friends.aspx>