

# Heritage Preschool Parent Corner J



## Letter of the Week

J says "j" for jump for joy!

## Alliteration

Jayden jumped on a jumbo jet to Jupiter.

## Words & Feelings

Here are some "j" feelings. How many of them have you felt?

**J:** joyful, jolly, jaunty, jovial, justified, judgmental, jealous, jubilant

## Riddles, Rhymes & Opposites

1. The liquid that comes from a fruit or vegetable
2. Worthless things that you throw away, trash
3. A toy that pops out of a box when you turn the handle
4. You eat this with peanut butter and it rhymes with belly
5. This is a very fast airplane and it rhymes with bet
6. Lions & tigers live in this and it rhymes with bungle

## Poetry

J is for jaguars, jumping high  
J is for jam, jeep and July  
J is for jungle, jug, jar, and jeans  
J is for juice and jellybeans  
Hooray for J, big and small -  
The jazziest, jolliest letter of all!

## J is for Job

Having kids listen to verbal directions—and then follow them—is important for success in school. Using incentives for listening and being respectful can work. But it's important to give kids specific tasks with clear directions so they practice those listening skills.

Maybe it's not always a 'Get in there and clean your room', 'Hang up those wet towels!!' or a 'Please turn off the light'—maybe if we occasionally throw in a 'Please make yourself—and me—a huge bowl of ice-cream' or a 'Will you please teach me how to play Mario Kart?' they'll listen more closely. . .

## Fun with J

- Do jumping jacks
- Recite the nursery rhyme "Jack Be Nimble"
- Make a J on the floor with a jump rope and then jump over it
- Do jigsaw puzzles
- Pretend to be a jockey or a juggler
- Find jacks in a deck of playing cards
- Listen to some jazz music and dance or play the instruments
- Judge two kinds of juice to see which is better
- Wear some jeans or some jewels
- Make Jell-O or Jell-O Jigglers
- Look for the jellyfish in Finding Nemo
- Jog around the yard or block
- Sort out jelly beans
- Make jewelry out of pasta or beads
- Eat a jam or jelly sandwich



"Israel loved **Joseph** and he made him a coat of many colors."  
Genesis 37:3  
(KJV)