

# Heritage Preschool Parent Corner

# U



U says "u" for um - brel - la

## Letter of the Week

'U' is the last vowel in the alphabet. It has two sounds. The short sound is for 'umbrella' and is the sound we will concentrate on. The long sound as in 'unicorn' may also be introduced.

## Words & Feelings

Many of the feeling words start with 'un'. This is a good time to talk about those opposite feelings: understanding, unafraid, uncaring, ugly, uneasy, used, uncertain, uncomfortable, uptight, unnatural, unhappy, unloved

## Riddles, Rhymes & Opposites

1. The opposite of down
2. How things look when you stand on your head
3. If your mom or dad have a brother he is your
4. This keeps you dry when it rains
5. The opposite of over

## Fun with U

- Make happy & unhappy faces
- Make an upside down sundae (topping on the bottom and ice cream on the top)
- Have an unbirthday party with upside down cake
- Sing "A Very Merry Unbirthday" from Alice in Wonderland
- Put a blanket on the table and play underneath it
- Sort your underwear

## Alliteration

Upton and his uncle were unhappy under their unusual umbrella

## Poetry

U is for an umbrella to share  
U is for unicycle and underwear  
U is for unicorn, umpire and us  
U is for uncle and uptown bus  
Hooray for U, big and small -  
the most unbelievable letter of all!

## That is Untrue: Telling Lies, The Truth and Tall Tales

Living with a preschooler, you may sometimes feel like you are on To Tell the Truth, trying to determine which statements that come out of your child's mouth are real and which are objects of their imagination.

But the truth of the matter is all kids lie occasionally. And although lying is a normal part of a child's development, it's not something you can overlook.

Kids this age can come up with some whoppers of a story – not to be deceitful but because for the most part, they are still learning what is reality and what is fantasy. In most cases, a 3-, 4-, or 5-year-old is too young to understand exactly what a lie is. Their fairy-tale accounts are the result of an imagination working in high gear, not anything sinister.

When your 4-year-old says she didn't color on the wall while she's holding the crayon in her hand, what she means is that she wishes she hadn't done it because clearly, you are angry.

If the story your child cooks up is on the outlandish side – "There was an elephant at preschool today." – challenge it in a lighthearted way. Ask if what she is telling you is real or made up. When she admits that she was fibbing, get in on the act and help her to elaborate – "Imagine if an elephant really came to preschool? Would you eat peanuts for a snack?" A tall tale turns into a silly story that the two of you can share and you are helping your preschooler exercise her imagination.

In the course of your daily routine, chances are you tell a white lie or two. And that's OK, for the most part. "Pro-social lies" – avoiding the whole truth to spare someone's feelings – are normal and pretty much accepted. But don't expect your take-everything-literally preschooler to understand. It's never too early to teach your kids honesty. Talk about why it is wrong to lie – that it makes you sad when she says things that aren't true. When your child realizes that telling the truth is something you value, that's something they'll strive to reach.

Excerpted from: <http://preschoolers.about.com/od/behaviordiscipline/a/lying.htm>



"So Naaman went **under** the water in the Jordan seven times, just as the man of God had said."  
2 Kings 5:14